



**CANADIAN ADVENTURE COMPANY
HOLDINGS (2015) LTD.**

**COVID-19 SAFETY MANAGEMENT PLAN
FOR MALLARD MOUNTAIN LODGE**

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EXECUTIVE SUMMARY

Canadian Adventure Company Holdings (2015) Ltd. (herein “Canadian Adventure Company” or “CAC”) owns and operates Mallard Mountain Lodge, offering backcountry hiking and skiing trips from a remote mountain location outside of Valemount BC. Access to the lodge is by helicopter only, where guests can choose between catered/self-catered or guided/self-guided options.

This document provides interim guidance for preventing the likelihood of communal transmission of the COVID-19 virus at Mallard Mountain Lodge during the current pandemic.

The health and safety of our guests, staff and the communities we operate in are of the utmost importance to Canadian Adventure Company. We will continue to monitor and adapt policies and procedures to best adhere to the current BC health guidelines and safety standards regarding the pandemic.

All employees and guests at Mallard Mountain Lodge will be required to comply with the following:

- **Wearing of face mask or covering in all indoor common areas**
- **Adhere to all lodge policies and procedures related to COVID-19**
- **Accept daily symptom checks, including a pre-trip health acknowledgement**
- **Practice proper hygiene and diligent handwashing**
- **Abide by physical distancing guidelines with other employees and guests**
- **Use personal protective equipment when required**

GENERAL BACKGROUND

COVID-19

COVID-19 can be spread in a number of ways, including through liquid droplets when an infected person coughs or sneezes. The virus in these droplets can enter into the eyes, nose or mouth of another person, if they are in close contact with the infected person who has coughed or sneezed.

The COVID-19 virus can also be transmitted from touching a contaminated surface, and then touching your face.

It is not believed that the virus can be transmitted through particles that linger in the air, or that can enter the body through the skin.

Symptoms of COVID-19

The symptoms of COVID-19 are similar to other respiratory illnesses, including the flu and common cold. These symptoms include fever, chills, coughing, sneezing, shortness of breath, muscle aches, fatigue, headache, loss of appetite, nausea, diarrhea, vomiting, and loss of smell or taste.

The most key symptoms are fever, shortness of breath, persistent and worsening cough, and loss of taste or smell. Shortness of breath and chest pain may be signs of severe illness.

Some people infected with COVID-19 may appear asymptomatic and display little or no symptoms, with illness ranging from mild to severe. Older people and those with chronic health conditions are more vulnerable to developing serious illness or health complications from being infected with COVID-19.

General Precautions

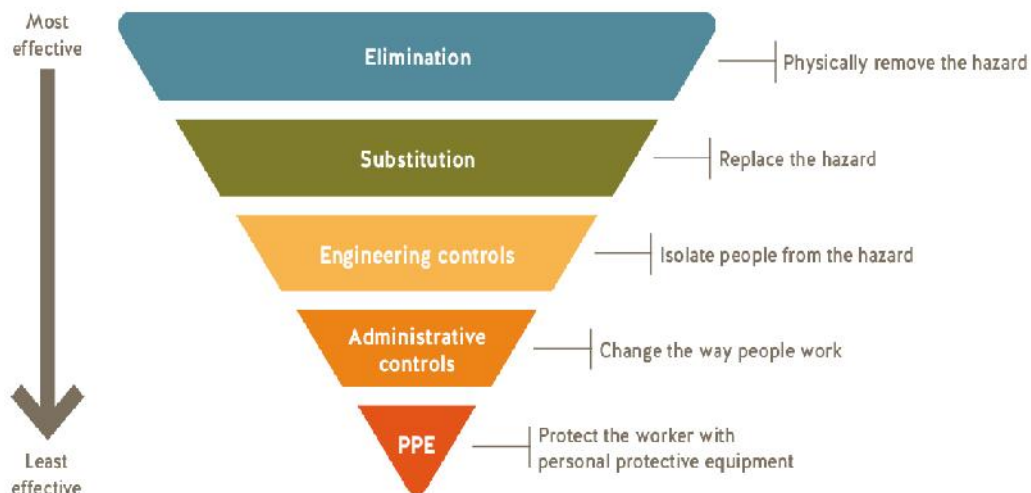
- Stay home if you are sick, or if you have been in contact with anyone in the last 14 days believed to be showing signs of COVID-19
- Practice diligent handwashing
- Use proper hygiene and cough/sneeze etiquette. Cough either into elbow or into a disposable tissue. Discard tissue immediately and wash hands.
- Maintain a physical distance of 6 feet (2 meters) from anyone not in your immediate social bubble
- Avoid touching your eyes, mouth and face with unwashed hands
- Do not share food, drinks, utensils, equipment or smoking devices with anyone.

Control Measures

The policies and procedures outlined in this COVID-19 Safety Management Plan have been adopted using the Hierarchy of Controls listed below.

Physical distancing remains the most important criterion to comply with standing WorkSafe BC and Public Health Officer orders. The controls are listed in order of effectiveness as they often work best in combination.

Hierarchy of controls



Additionally, the five principals outlined below have acted as a baseline for each situation to help mitigate potential risk and should be followed by all employees and guests where practical.

Five Principles for Every Situation				
Personal Hygiene:	Stay Home if You Are Sick:	Environmental Hygiene:	Safe Social Distancing	Physical Modification
<ul style="list-style-type: none"> • Frequent handwashing • Cough or sneeze into your sleeve • Wear a non-medical mask • No handshaking 	<ul style="list-style-type: none"> • Routine daily screening • Anyone with any symptoms must stay away from others • Returning travelers must self-isolate 	<ul style="list-style-type: none"> • More frequent cleaning • Enhance surface sanitation in high touch areas • Touch-less technology 	<ul style="list-style-type: none"> • Meet with small numbers of people • Maintain distance between you and people • Size of room: the bigger the better • Outdoor over indoor 	<ul style="list-style-type: none"> • Spacing within rooms or in transit • Room design • Plexiglass barriers • Movement of people within spaces

LODGE OPERATIONS

Employment Policies

All employees will be required to partake in detailed training on the policies and procedures outlined in the Safety Management Plan before their season begins. This will include a review of the plan at the beginning of each shift, highlighting any new procedural updates or policy changes.

Employees are expected to exercise all reasonable measures to limit their exposure to the COVID-19 virus while not at work. Prior to beginning their shift, all employees must conduct the self-assessment tool (<https://bc.thrive.health/covid19/en>), as well as fill out a health declaration which includes current health status, recent travel, recent illness or contact with anyone who may have had the COVID-19 virus.

Any employee experiencing symptoms associated with COVID-19 while at work must immediately report to the lodge manager and begin isolating away from guests. Any employee who experiences symptoms while away from work, must immediately contact the lodge manager and will not be allowed to return to work until they are symptom free and completed the required isolation period.

All employees must adhere to the following:

- Practice proper physical distancing by working at least 6 feet (2 meters) away from other employees or guests or wear a mask if not possible.
- Continue to follow all work safe procedures and policies. If it is unsafe to work, employees should contact the lodge manager immediately.
- Stay home if they are sick or have been in contact with someone in the last 14 days that may have had the COVID-19 virus.
- Practice proper physical hygiene at all times
 - o Avoid touching face
 - o Diligent handwashing, before and after shifts, before eating or drinking, after touching money or high-contact surfaces, after using the washroom, etc.
 - o Jewelry must be removed before washing hands

Staging Areas

Standard physical distancing guidelines must be followed at staging areas, including at the helicopter base and at the lodge helipad. Where applicable and practical, guests and employees may be scheduled to arrive at different times to allow for physical distancing and to prevent overcrowding.

Flight sequences and times may also be adjusted to allow adequate space and time for guests and employees to properly distance themselves during loading and unloading of helicopters.

Where it is not possible to physically distance at the staging areas, all guests and employees must use proper PPE.

Helicopters

All air operators must comply with the Interim Order to Prevent Certain Persons from boarding flights in Canada due to the COVID-19 virus, pursuant to sub-section 6.41 (1) of the Aeronautics Act, effective April 17, 2020.

All passengers will be required to undergo a health check and verification that they are carrying a non-medical mask or face covering, and that they must wear the mask at all times during the flight when are unable to maintain a reasonable physical distance between another person, unless both persons live in the same house or other place that serves the same person.

All passengers must comply with all instructions from a crew member in respect to wearing PPE, or any other health or safety policies and procedures.

Helicopter loading/unloading

In conditions where it is not possible to maintain physical distancing, all passengers will be required to wear proper PPE.

Employees must wear proper PPE when assisting guests loading and unloading from the helicopter.

Handwashing stations or sanitizer will be available immediately before and after any helicopter flights or activities.

Gear Handling

All employees and guests must respect proper physical distancing and wear appropriate PPE while handling incoming or outgoing gear and luggage.

Vehicle Transportation

When more than one employee is traveling together, physical distancing practices apply, or facemasks must be worn. Shared travel with more than one person should be minimized wherever possible.

Guests should either travel independently, or only with those that are in their immediate household or social bubble, and that they will be sharing accommodation with.

All loading and unloading of gear from personal vehicles must be done only by the passengers of that vehicle.

COMMUNICATIONS

Pre-trip Screening and Communication

Training for guests will take place in a multi-step process. This includes a pre-screening questionnaire as well as an on-site orientation of the current health and safety policies and procedures. Additional information will be provided before the trip and online, as well as supplemental signage onsite.

All employees and guests will be required to verify that they have completed the BC COVID-19 Self-Assessment Tool or/and a pre-trip declaration of health before being permitted travel to the lodge. This will be provided to all guests and employees in advance on their trip or shift, and

clearly states that anyone experiencing symptoms within 14 days of their trip will not be permitted travel to the lodge.

Guests will be instructed and required to bring any outlined PPE with them, including facemask, gloves and hand sanitizer. Verification of these items will be made before travel to the lodge is permitted.

Guest Briefings

Before arrival at the lodge, guests will be provided a thorough briefing of policies and procedures related to the COVID-19 Safety Management Plan for Mallard Mountain Lodge. A full review of the Safety Management Plan will then be conducted at the beginning of each trip.

Daily briefings with guests on-site will remind and reinforce key guidelines of the Safety Management Plan, as well as to conduct check-ups to confirm the absence of symptoms. Anyone displaying signs or symptoms of COVID-19 will be reminded to immediately inform the lodge manager.

Signage

Informative signage will be displayed at key locations on-site to act as a reminder and reference for both employees and guests of important health and safety policies and procedures.

Signage is in accordance with current guidelines from the BC Centre for Disease Control and will include but not limited to:

- Information and poster for handwashing
- Information and poster for respiratory/cough etiquette
- Information and poster for self-isolation and self-monitoring

Daily Symptom Checks

All employees and guests will be required to complete a daily symptom check. This will be conducted by the lodge manager on-site each morning before guests go out for the day.

FOOD SERVICES

Food and Beverage

No family or buffet style serving options will be used, unless the entire group is self-contained. All meals will be plated and served, unless otherwise noted.

Serving and kitchen staff will be required to wear proper PPE if they are working within 6 feet (2 meters) of those they are serving.

Lunches and snacks will be premade and prepackaged to be picked up by guests after breakfast.

Seating will be arranged to ensure physical distancing guidelines and maximum occupancy limits are observed. Household units and social bubble groups may dine in groups of up to 6 people.

Specific signage and markings will be used to help direct traffic and ensure physical distancing is maintained during mealtimes.

Access to commonly used items; beverage stations, utensils, food dispensers, etc., will be removed or rearranged to allow use without having to enter the kitchen area.

All food contact surfaces, dishware, utensils, food prep surfaces, condiments, beverage equipment etc., must be washed, rinsed and sanitized after every use.

Frequently touched surfaces (doorknobs, tables, chairs, etc.,) must be frequently cleaned and disinfected.

Floors, counters, and other high-traffic areas used by both guests and employees must be kept clean and tidy and disinfected regularly.

All cleaning and sanitizing must be done with authorized products only, and in accordance with the label instructions. All cleaning and sanitization products must only be used for their designated purpose.

Kitchen Procedures

Only designated and trained CAC employees will be allowed in the kitchen for food preparation/service, dishwashing or post-meal clean-ups. No guests are permitted in the kitchen at any time.

Where possible, the number of staff in the kitchen will be kept to a minimal to adhere to physical distancing guidelines.

Specific signage and physical markings will help to remind and direct employees and guests of physical distancing guidelines and policies.

Frequently touched areas (doorknobs, countertops, equipment, etc.) must be routinely cleaned and sanitized throughout the day. Disposable wipes will be readily available to wipe down commonly used areas before each use.

Nitrile gloves are available for use where appropriate. Proper handwashing must be done immediately after removing gloves.

Any outside containers or packages should avoid being brought directly into the kitchen and unloaded away from the kitchen where possible.

All employees must practice proper hygiene, including frequent handwashing and proper sneeze/cough etiquette.

A four-step process for dishwashing must be used (wash, rinse, sanitize, air dry) for all equipment, dishware and utensils.

All washing, cleaning and sanitizing must be done with authorized products only, and in accordance with the label instructions. All cleaning and sanitization products must only be used for their designated purpose.

LODGING

Guest Accommodations

Guest accommodation will be arranged per specific group to ensure proper physical distancing where appropriate and practical.

All sleeping bays are arranged head-to-toe, and each bay has its own protective curtain across the front.

Any guest that is ill or experiencing symptoms will not be allowed in shared accommodation and must be immediately removed into self-isolation in separate accommodations. Otherwise, all guests in the shared accommodation must be put in self-isolation.

Employees will not be permitted into guest accommodations during trips unless authorized to do so.

Common Areas

Groups will be arranged to ensure that all guests are able to maintain physical distancing guidelines from anyone outside of their household or social bubble. This may include

This may include reducing the length and frequency of indoor meeting and relocating these gatherings to outside or more open spaces.

Specific signage and physical markings will help to remind and direct both guests and employees on traffic flows, seating arrangements, chokepoints and physical distancing cues.

All guests and employees will be fully briefed on potential areas of gathering and chokepoints in the lodge, and policies and procedures on how to avoid them.

General Cleaning and Disinfecting Policies

Specific cleaning procedures and policies will be posted at key locations throughout the facilities to act as a reference and guide for employees. All employees will receive training on routine cleaning and disinfecting procedures, including dealing with high-touch surfaces and dirty laundry.

Guest orientation will focus on proper hygiene and handwashing practices, with an emphasis on the importance when entering and leaving common areas.

Vacuum cleaners should not be used inside the lodge, unless outfitted with a HEPA filter.

Avoid the use of pressurized or spray bottles inside the lodge that could potentially aerosolize contaminants.

Use only authorized disinfectants with a Drug Identification Number (DIN), and in accordance with the label instructions.

A bleach and water solution may be used in place of a commercial product for disinfecting, at a mixture ratio of: 20ml bleach per 980ml water. If using a bleach solution, allow surfaces to air dry naturally. A new batch of bleach solution must be made each day, or when visibly dirty.

Ensure there is adequate air flow and ventilation when using a bleach or cleaning solution.

Visibly dirty surfaces must be thoroughly cleaned using an authorized cleaning product before disinfecting, and in accordance with the label instructions.

Use only designated clean buckets or containers for putting cleaning or disinfecting solutions into.

Use only clean cloths, paper towels, or disinfectant wipes for cleaning and disinfecting. Immediately discard all paper towels or disposable wipes after each use.

Use appropriate personal safety equipment for cleaning and disinfecting, including gloves and eye protection, and in accordance with the label instructions. Rubber gloves should be worn if handling bleach solutions.

If gloves are being used while cleaning, they must either be cleaned and disinfected between areas, or a new pair must be used. Proper hand hygiene and technique must be used when removing gloves after use.

Handwashing Stations

All employees and guests will be required to demonstrate proper hygiene practice, including diligent handwashing with a mixture of soap and water and the use of hand sanitizer with a minimum of 70% alcohol content.

Handwashing stations will be immediately available for guests and staff entering the lodge, equipped with water, soap and hand sanitizer. Additional hand sanitizer will be available at multiple locations throughout the lodge and out-buildings, as well as in individual containers to carry personally.

Handwashing stations will be restocked, cleaned and disinfected multiple times daily.

Shower and Bathroom Facilities

Shared bathroom and shower facilities must be cleaned and disinfected daily using only authorized cleaning products according to the label instructions.

Any shower or toilet facilities used by a guest or employee in self-isolation must be immediately cleaned and disinfected after use.

Cleaning of Accommodation Areas

No housekeeping or cleaning services will be performed by CAC employees inside the guest accommodation areas during the length of the guests stay.

Before guests or employees enter their accommodation, they will be given instructions on where and how to leave their dirty linen at the end of their trip for pick up.

Once all guests have vacated the accommodation area, the entire area must be cleaned and disinfected before the next group moves in.

Prior to performing any housekeeping or cleaning of accommodations, allow for a complete ventilation of the area by opening any windows or doors for a full air exchange.

A thorough cleaning and disinfection of the entire accommodation, including all hard surfaces must be done after each group departure. Empty all garbage cans and replace with new bags.

Use a steam cleaner at a minimum of 71 degrees Celsius to clean bed curtains after each group departure.

All employees must use proper handwashing and hygiene practices before and after entering into accommodation areas, including the use of PPE where necessary.

Workflows and policies will be continually monitored and reviewed to minimize potential hazards or safety concerns related to cleaning procedures.

Cleaning of Common Areas

Any items that cannot be easily cleaned and disinfected have been removed from the lodge including, couch pillows and blankets, books, magazines, games, etc.

All common areas and surfaces must be cleaned and disinfected daily, using only designated products according to their label instructions.

High-touch surfaces must be cleaned and disinfected at least twice daily, including doorknobs, counters, chairs, handles, light switches, etc.

Floors and walls must be kept clean and tidy, free of any spills, dirt or debris.

Garbage cans and recycling receptacles must be kept clean and emptied daily.

EQUIPMENT, TOOLS AND SUPPLIES

All personal items of employees or guests should avoid being left in common areas and kept in their private accommodations. This includes phones, tablets, books, radios, water bottles, coffee mugs, glasses, etc.

Personal gear and clothing must not be left in common areas and should be removed to private accommodations as soon as possible to avoid contact with other guests or employees' gear.

Lodge radios will be assigned at the beginning of each week if necessary and are to be kept with that individuals' personal items for the duration of their trip, including charging stations. Radios and chargers must be cleaned and disinfected at the end of each trip, before being assigned to a new guest or employee.

Where it is not possible or practical to provide each guest or employee with their own personal equipment, all equipment must be cleaned and disinfected before being passed on to another guest or employee.

Leather or other impermeable gloves may be worn as hand protection for employees, who may then share tools or equipment without having to clean and disinfect between each use. Employees must still continue to use proper hygiene and handwashing practices before, during and after using work gloves. Each employee must have their own personal set of gloves.

Any shared tools will be organized and labeled to help facilitate safe use by all employees.

ACTIVITIES

Physical distancing of 6 feet (2 meters) between all employees and guests not in the same household or social bubble must be maintained at all times outside of the lodge or in the field, where possible.

Daily schedules and itineraries may be adjusted to minimize and avoid situations where physical distancing may be difficult, including lunch locations, coaching/teaching sessions, gear checks, etc.

Specific route selections and objectives will also be considered to avoid areas where physical distancing may not be safely maintained.

Additional emphasis will be made when following one another on the trail and where there is increased physical output, to maintain physical distancing.

Where physical distancing cannot be safely maintained in the field (ie. First Aid or other emergency), they all involved individuals must wear proper PPE where possible, including facemask and gloves.

All employees and guests are required to carry a set of PPE with them at all times when in the field, including a facemask and gloves.

Any outdoor work by employees around the lodge must follow the same policies and procedures in regard to physical distancing, reduced risk tolerance, and the use of PPE.

MANAGING COVID-19 SYMPTOMS

It is important that both employees and guests are able to recognize the possible signs and symptoms of COVID-19.

The symptoms of COVID-19 are similar to other respiratory illnesses, including the flu and common cold. These symptoms include fever, chills, coughing, sneezing, shortness of breath, muscle aches, fatigue, headache, loss of appetite, nausea, diarrhea, vomiting, and loss of smell or taste.

The most key symptoms are fever, shortness of breath, persistent and worsening cough, and loss of taste or smell. Shortness of breath and chest pain may be signs of severe illness.

Some people infected with COVID-19 may appear asymptomatic and display little or no symptoms, with illness ranging from mild to severe. Older people and those with chronic health conditions are more vulnerable to developing serious illness or health complications from being infected with COVID-19.

What to do if a guest or employee shows symptoms

Any staff or guest that's develops possible symptoms of COVID-19 must immediately complete the BC COVID-19 Assessment Tool to help determine if they need further assistance or testing for COVID-19. The assessment tool can be done by oneself, or on behalf of someone if they are unable to do so.

Any staff or guest who determine they may have signs or symptoms of COVID-19 based on the self-assessment tool, must:

1. Immediately report to the lodge manager
2. Proceed directly to self-isolation

3. The lodge manager will then call 811 to speak to a nurse from HealthLinkBC and get advice on what to do next if there are any questions after using the self-assessment tool.

If the symptoms become severe (shortness of breath, chest pain) call 911 immediately and prepare for evacuation from the site as soon as possible.

Any employee or guest believed to be displaying potential symptoms of COVID-19 and being recommended for further assessment by a health care professional, must be immediately self-isolated and prepared for evacuation as soon as possible.

What do to if an employee or guest test positive for COVID-19

Any employee or guest that tests positive for COVID-19 will not be allowed to return to the lodge or active duty until they are considered free of the COVID-19 virus.

Any employee or guest that came in close contact with the infected person must also be removed from the site for at least 14 days and remain symptom free before being allowed to return.

Any areas or surfaces that may have been touched or contaminated by an infected employee or guest must be immediately closed for cleaning and disinfection, before anyone is allowed to re-enter the area.

Isolation Procedures

Any employee or guest that show potential symptoms of COVID-19 must be immediately relocated to alternative accommodation, where they can be safely monitored and cared for away from other employees or guests.

Any employee or guest that needs to be isolated will be prepared for evacuation as soon as possible and practical.

Any guest or employee believed to be showing symptoms of COVID-19 must self-isolate for at least 14 days from the onset of the symptoms, and will only be allowed to return to the lodge when:

1. At least 14 days have passed since the onset of symptoms, AND;
2. Are not displaying symptoms of COVID-19 or fever, and without the use of fever-reducing medications (Tylenol, Advil, etc.)

HEALTH AUTHORITY CONTACTS

Interior Health Authority

Phone: (250) 851-7305

Email: workcamps@interiorhealth.ca

Fraser Health Authority

Phone: (604) 870-7903

Email: HPLand@fraserhealth.ca

Island Health Authority

Phone: (250) 519-3401

Fax: (250) 519-3402

Email: gateway_office@viha.ca

Northern Health - Communicable Disease Hub

Phone (during business hours): 1-855-565- 2990

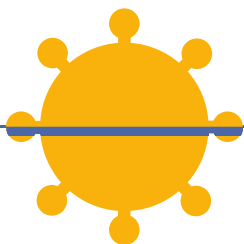
After hours phone: 1-250-565-2000, press 7 and ask for the Medical Health Officer on call

Vancouver Coastal Health Authority

Phone: (604) 675-3800 Manager on call

Email: EHVC@vch.ca

APPENDIX 1 – HANDWASHING POSTER



Hand Hygiene

**SOAP OR ALCOHOL-BASED
HAND RUB: Which is best?**

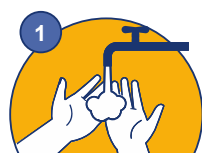


**Either will clean your hands:
use soap and water if hands
are visibly soiled.**



Remove hand and wrist jewellery

HOW TO HAND WASH



1
Wet hands with warm
(not hot or cold)
running water



2
Apply liquid or foam soap



3
Lather soap covering
all surfaces of hands
for 20-30 seconds



4
Rinse thoroughly
under running water



5
Pat hands dry thoroughly
with paper towel



6
Use paper towel
to turn off the tap

HOW TO USE HAND RUB



1
Ensure hands are visibly
clean (if soiled, follow hand
washing steps)



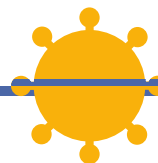
2
Apply about a loonie-sized
amount to your hands



3
Rub all surfaces of your hand
and wrist until completely
dry (15-20 seconds)



COVID19_HH_001



Help prevent the spread of COVID-19

Cover coughs and sneezes



Cough or sneeze into your sleeve, not your hands. Avoid touching your face with your hands.

Or



Cover your mouth and nose with a tissue and put your used tissue in a wastebasket.



Wash your hands with soap and water for at least 20 seconds.

Or



Clean hands with alcohol-based hand sanitizer.

APPENDIX 3 - MEDICAL GLOVES – PROPER USE AND REMOVAL POSTER

Technique for donning and removing non-sterile examination gloves

When the hand hygiene indication occurs before a contact requiring glove use, perform hand hygiene by rubbing with an alcohol-based handrub or by washing with soap and water.

I. HOW TO DON GLOVES:



1. Take out a glove from its original box



2. Touch only a restricted surface of the glove corresponding to the wrist (at the top edge of the cuff)



3. Don the first glove



4. Take the second glove with the bare hand and touch only a restricted surface of glove corresponding to the wrist



5. To avoid touching the skin of the forearm with the gloved hand, turn the external surface of the glove to be donned on the folded fingers of the gloved hand, thus permitting to glove the second hand

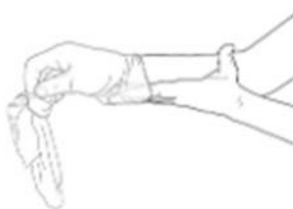


6. Once gloved, hands should not touch anything else that is not defined by indications and conditions for glove use

II. HOW TO REMOVE GLOVES:



1. Pinch one glove at the wrist level to remove it, without touching the skin of the forearm, and peel away from the hand, thus allowing the glove to turn inside out



2. Hold the removed glove in the gloved hand and slide the fingers of the ungloved hand inside between the glove and the wrist. Remove the second glove by rolling it down the hand and fold into the first glove



3. Discard the removed gloves

4. Then, perform hand hygiene by rubbing with an alcohol-based handrub or by washing with soap and water

APPENDIX 4 – DECLARATION OF HEALTH



Canadian Adventure Company Holdings (2015) Ltd.

**Declaration of Health
to be completed by all staff and guests traveling to
Mallard Mountain Lodge**

PARTICIPANT NAME	TRIP START DATE	TRIP END DATE

The Reservation information provided to you when your reservation was made included reference to the following.

SAFETY & SITE MANAGEMENT POLICIES

When required for the guest's safety, for site management, or for any other reason of CAC, CAC personnel will give instructions which must be followed.

This Declaration deals with matters specific to Covid-19.

If you are unable to make all the following declarations, then as a cancellation by you, you will be unable to go to the Lodge.

I, the undersigned, by my initials in the blanks provided at the start of each paragraph, and by my signature and dating below, declare the following.

____ To the best of my knowledge, I do not have the novel coronavirus COVID-19 or any variant of the novel coronavirus COVID-19, nor have I had it within the past 14 days.

____ To the best of my knowledge, I have not been exposed to someone who has the novel coronavirus COVID-19 or any variant of the novel coronavirus COVID-19 within the past 14 days.

____ Within the past 14 days, I have not experienced any of the following signs/symptoms that are new and not related to allergies or pre-existing conditions: persistent cough, fever higher

than 38 degrees Celsius (98.6 degrees Fahrenheit), shortness of breath, sore throat, flu-like symptoms, runny nose.

_____ I have not travelled outside Canada during the past 14 days.

_____ I have completed the [BC COVID-19 SELF ASSESSMENT TOOL](#) within 12 hours prior to my trip start date.

_____ I agree to act in accordance with the instructions provided by that BC COVID-19 Self-Assessment Tool.

_____ I confirm that as a cancellation by me, I may be refused participation in, or be asked to leave the trip, at my own expense (including helicopter) and on other terms per the information provided to me when I made my reservation, if any of the above attestations are found to be incorrect or if the status of those attestations changes between the time of signing of this form and any time before the end of the trip.

_____ I agree to self-isolation at the lodge, to be reassessed daily, should I develop any of the signs/symptoms of COVID-19 as listed above.

_____ I agree that if I develop any of the signs/symptoms listed above and they do not resolve, get worse, or are deemed a risk to others by Mallard Mountain Lodge staff, I will cancel my trip and I will be evacuated from the lodge at my own expense (including helicopter) and on other terms per the information provided to me when I made my reservation.

_____ I verify the information I have provided on this declaration is accurate and truthful.

Signature of Participant

Date

Signature of Witness

Witness printed name

APPENDIX 5 – PRODUCT GUIDE FOR DISINFECTANTS

PRODUCT	DEFINITION	APPLICATION	PROTECTION LEVEL
Multi-Surface Cleaner	Use full-strength or dilute 250 mL per 4L of warm water apply to surface until thoroughly wet. Wipe with a clean cloth, sponge, or mop. To Sanitize/Disinfect: Pre- clean surface Apply to surface until thoroughly wet. To Sanitize: Leave for 1 minute before wiping. To Disinfect: Leave for 10 minutes before wiping. Rinse all food contact surfaces with water after using the product	Disinfectant that meet Health Canada's, requirements for emerging viral pathogens. These authorized disinfectants may be used against SARS-CoV-2	Advanced disinfectant and sanitizer for Hard surfaces
Bleach (6%) solution	100/1 dilution of sodium hypochlorite solution with water used to disinfect surfaces, 10mL bleach to 1 Litre of water. Minimum contact time of 10 minutes in a single application. Air dry.	Recommended by the BCCDC for disinfecting non- pours surfaces	General use disinfectant and sanitizer for Hard surfaces
Neutral Disinfectant cleaner	Use 3.9 mL per liter of water for a minimum contact time of 10 minutes in a single application. Can be applied with a mop, sponge, cloth, coarse spray or by soaking. The recommended use solution is prepared fresh for each use then discarded. Air Dry.	Approved for use against the coronavirus disinfecting non-pours surfaces	Advanced disinfectant and sanitizer for Hard surfaces, low acidity
Disinfecting Wet Wipes 70% Alcohol	To sanitize / disinfect: Pre-clean surface. Use 70% alcohol based fresh wipes to thoroughly wet surface. To sanitize: Allow surface to remain wet for 10 seconds. Air Dry.	Single use isopropyl alcohol wet wipes, disposable	Safe to use on electronics such as Smart phones, Tablets & POS equipment

Touch Free Hand Sanitizer	Minimum 70% alcohol hand sanitizer solution, rub hands together until dry.	To clean hands if handwashing is not available	General use to kill bacteria and viruses
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